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lifeguard test study guide Heel of one hand on the center of the chest with the other hand on top. As the only lifeguard performing CPR on an 7-year old, you would perform cycles of... 30 chest compressions and 2 ventilations. The cycle of chest compressions and ventilations in two-rescuer CPR for an infant is...

Red Cross Lifeguarding Test Flashcards | Quizlet

lifeguard test study guide Lifeguard has no sun protection (no hat, sunglasses or umbrella). Lifeguard is sitting with crossed legs. Lifeguard is wearing sneakers. Lifeguard in the chair is not wearing a hip pack. Lifeguard on the ground is not looking at the pool.

PARTICIPANTâ€™S MANUAL CHAPTER REVIEW ANSWER KEYS

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Review Course Syllabus/Study Guide - Lifeguard Training

lifeguard test study guide 9. When you are the only lifeguard on duty conducting patron surveillance, this is called t_____ c_____. (pg 46) 10. When a lifeguard must enter the water to make a rescue, the other lifeguards performing surveillance must now supervise a larger area.

C 1 REVIEW THE PROFESSIONAL LIFEGUARD

lifeguard test study guide The Red Cross provides useful study tools to help you prepare for your lifeguarding test. The American Red Cross Lifeguard Manual contains skills sheets and references to help you understand the importance of water safety and arm you with all of the knowledge necessary to help save lives and avoid injury.

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